School of Psychological Science

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Ethics Approval Code: 16076

Thank you for your valued participation in this study.

* The purpose of this study is to investigate the impact of Short-form media context switching on cognitive performance. More specifically, it aims to examine the effects of fast context switching of increasingly popular media forms (TikTok etc) on Prospective Memory Performance.
* A reminder that your data and questionnaire responses will be anonymous. There will be no identifiable links between your data and your identity. The data will be analysed and written up as part of a research project which may be published. At the end of the study, your anonymised data will be made “Open Access”. This means that it will be stored in an online database so that it is publicly available.
* You can request to withdraw from this study at any time without explanation or penalty by contacting the researcher, Nick Barton at gm21932@bristol.ac.uk. However, after the experiment is complete and you have signed the final consent, your data will be anonymised and so it will not be possible to withdraw your data from the study after this time.
* If you are interested in the progress/results of the research, you are invited to email the researcher who will gladly update you on the progress of the study at any time and/or provide you with an outline the results of the study after they are written-up.
* If you have any questions about this study, please feel free to contact the researcher, Nick Barton at gm21932@bristol.ac.uk or the research supervisor, Dr Michael Smyth at m.smyth@bristol.ac.uk. If you have any concerns regarding your participation in this study or wish to make a complaint, please notify the university Research Governance Team (RGT) via research-ethics@bristol.ac.uk.
* There are no anticipated risks attached to participation in the interview discussion which are greater than normal life encounters. But if you have been affected in any way from your participation in this study and wish to seek support you can contact:

**Students at the** **University of Bristol**

Request wellbeing support, University of Bristol.

Website: <https://bristol.ac.uk/students/support/wellbeing/request-support/>

Any queries relating to wellbeing support.

Email: wellbeing-access@bristol.ac.uk

Telephone: 0117 456 9860 (9am-8pm)

**Participants who wish to consider support outside of the University of Bristol**

NHS Improving Access to Psychological Therapies (IAPT)

Website: <http://www.nhs.uk/Service-Search/Counselling-NHS-(IAPT)-services/LocationSearch/396>

NHS urgent mental health helpline in your area.

(Open 24 hours. Speak to a mental health professional who can help decide the best course of care.

Website: <https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

*Thank you for your enthusiastic participation in this study which is a valuable contribution to psychological knowledge.*